

Primary Care Options

Affordable Doctor Visits & Checkups

HealthHub AI - Your guide to affordable healthcare

1. Federally Qualified Health Centers (FQHCs)

What it is: 1,400+ health centers with 16,200+ sites offering primary, dental, and mental health services on a sliding fee scale.

Who qualifies: All uninsured welcome

Cost: Sliding scale based on income

Website: findahealthcenter.hrsa.gov

Phone: 1-888-275-4772

2. Direct Primary Care (DPC)

What it is: Monthly membership model (50–100/month) providing unlimited access to primary care physicians.

Who qualifies: No insurance required

Cost: \$50-100/month

Website: mapper.dpcfrontier.com

Phone: Varies by practice

3. Free Clinics

What it is: Community-based clinics providing free or low-cost healthcare services.

Who qualifies: Uninsured/low-income

Cost: Free to low-cost

Website: [freeclinics.com](https://www.freeclinics.com)

Phone: Varies by location

4. Planned Parenthood

What it is: Reproductive health services, STI testing, and primary care on a sliding fee scale.

Who qualifies: Everyone

Cost: Sliding scale

Website: [plannedparenthood.org](https://www.plannedparenthood.org)

Phone: 1-800-230-7526

Need more help? Visit [healthhubai.org](https://www.healthhubai.org) for 32+ healthcare resources

Disclaimer: This is educational information only, not medical advice. Resource availability and eligibility may vary by location. Last updated: December 2025.